

# **Ageing and lifecycle**

## The actual situation of Hungary

**Common Speaking Experts**  
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- II. Healthy Life Years (HLY)
- III. Summary

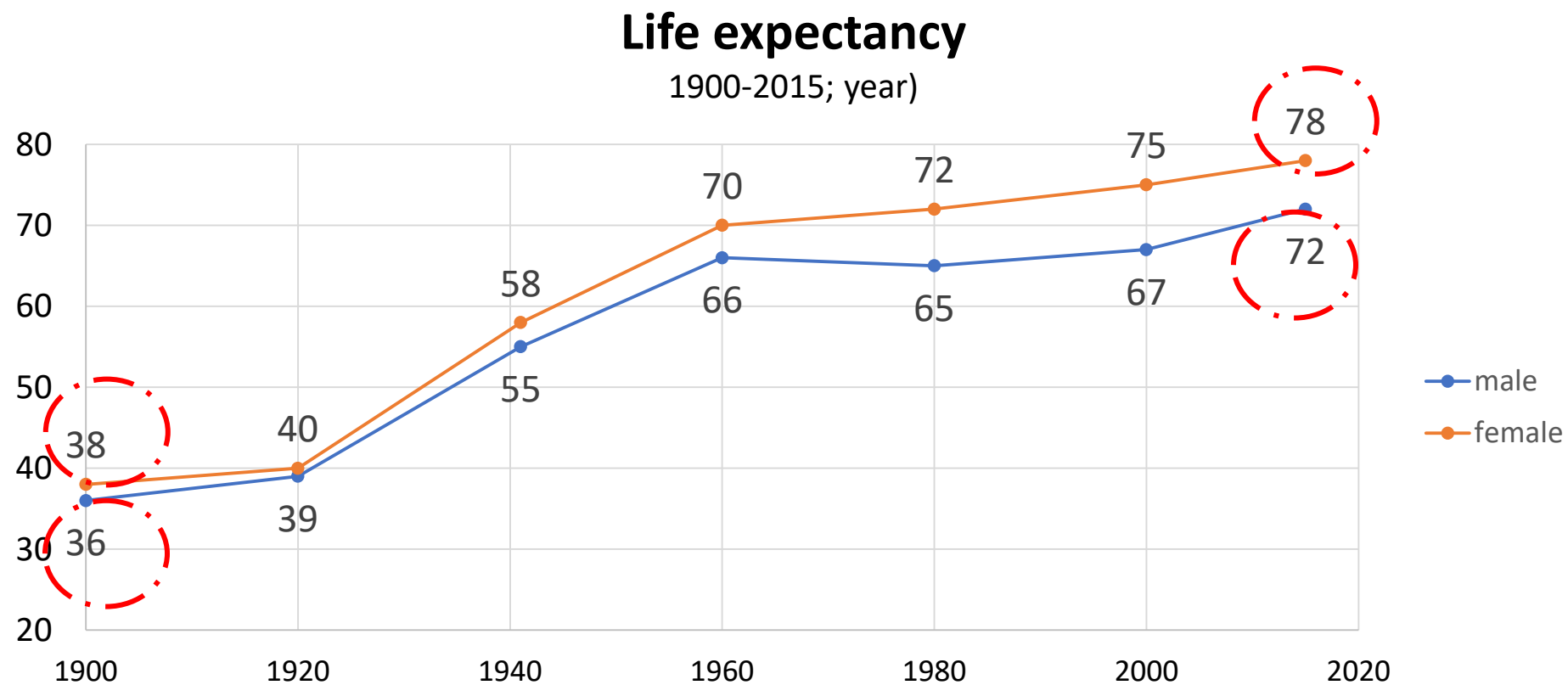


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# I. Demographic trends in Hungary

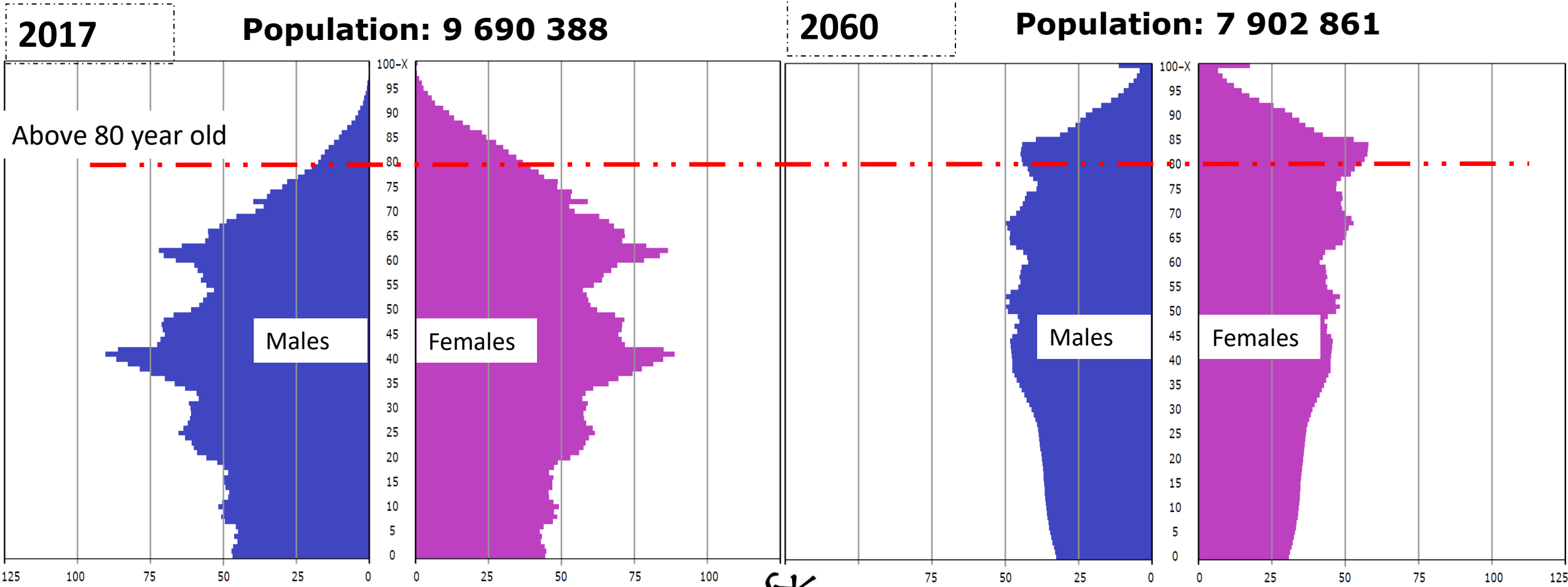


# I. Demographic trends in Hungary



Source: KSH census database

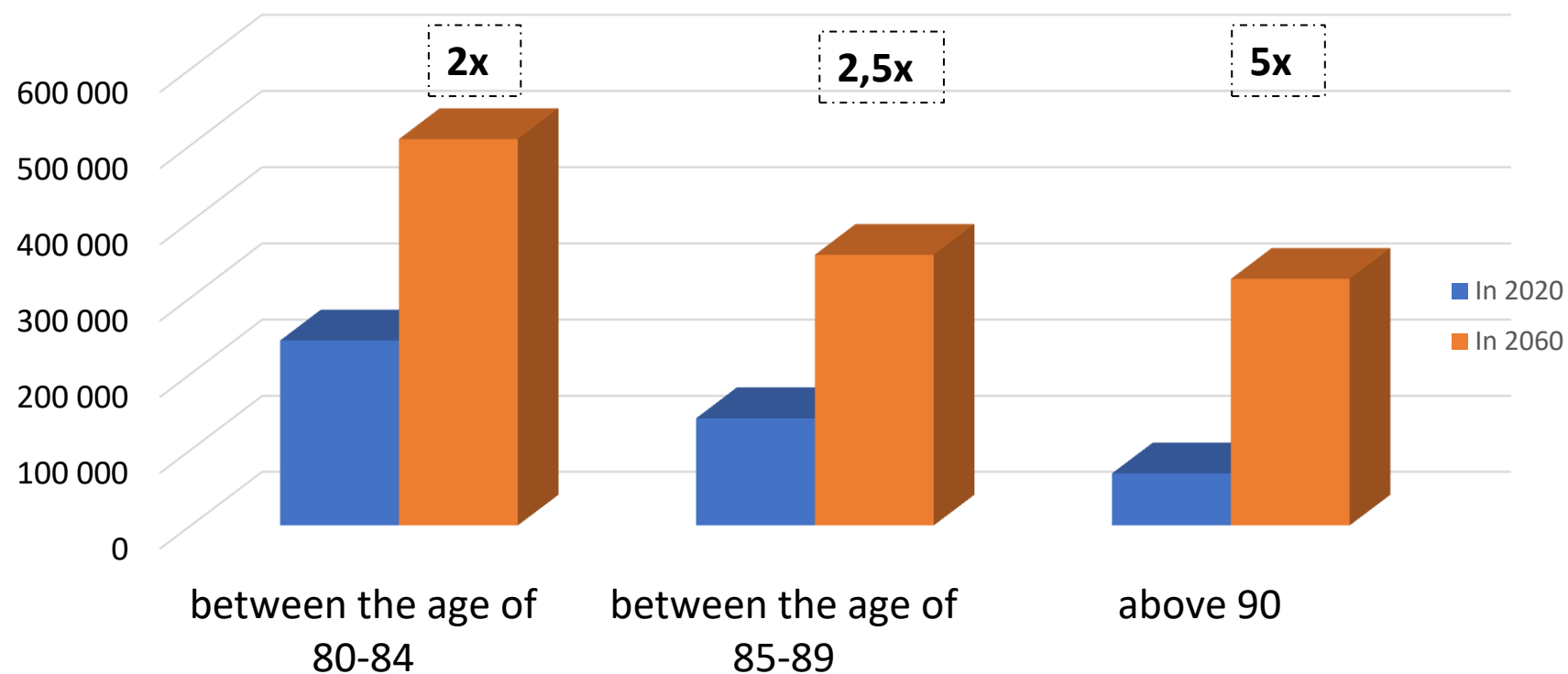
# I. Demographic trends in Hungary



Source: KSH census database

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## Ageing cohorts above 80-year (In 2020 and 2060)



Source: KSH census database

# I. Demographic trends

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In the next 40 years the Hungarian population will decrease dramatically.

It will lose almost 20 % of its population.



In 2060 more than 15% of the Hungarian population will be older than 80 year-old



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## II. Healthy Life Years (HLY)





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Life and health expectancies at age 65 based on activity limitation (Healthy Life Years), chronic morbidity and perceived health for Hungary (Health data from SILC 2010)

### Life Expectancy at age 65 and expected years

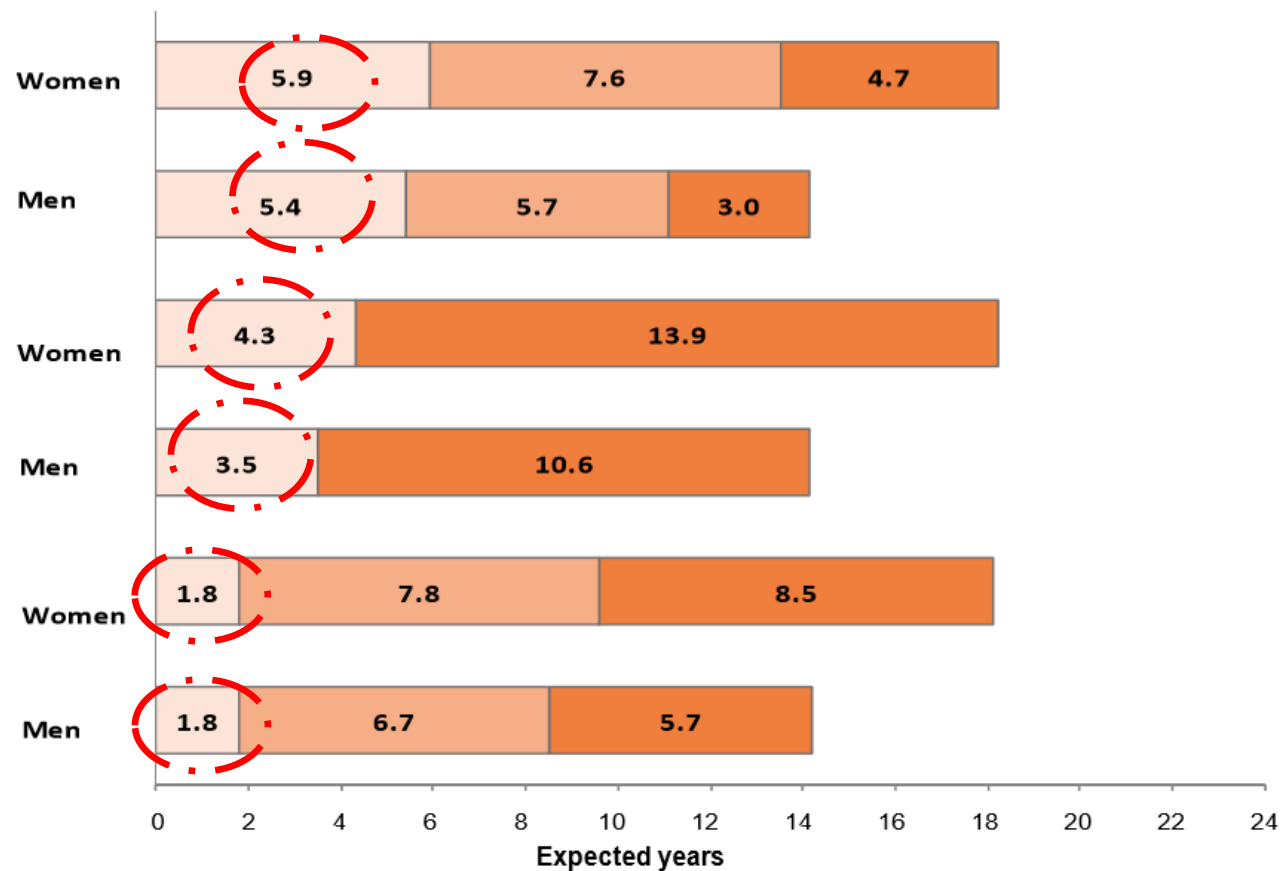
- Without activity limitation
- With moderate activity limitation
- With severe activity limitation

### Life Expectancy at age 65 and expected years

- Without chronic morbidity
- With chronic morbidity

### Life Expectancy at age 65 and expected years

- In very good or good perceived health
- In fair perceived health
- In bad or very bad perceived health



## II. Healthy Life Years (HLY)

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We have much lower chance to influence demographic trends, than make people more conscious about their own health condition.



Health literacy is a  
key issue

How to do it / how to do it well?



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### III. Summary



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How to do it / how to do it well?

Self-  
responsibility

Community-  
responsibility



### III. Summary

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Involvement of experts of different fields!

Reduce stigmatization!

Involvement of policy makers!

Raise awareness together!



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*Thank you for your kind attention!*

