

# IP training for carers

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### ***Necessity of a new approach:***

- ▶ there is a huge lack of knowledge about dementia and in addition about the possibilities for giving professional help
- ▶ lack of cooperation among careers

### ***The new approach:***

- ▶ complexity of dementia care
- ▶ interprofessional approach

### ***Target group:***

- ▶ carers in social and health care

# Main objectives

***Short term objectives:*** to make carers able to give coordinated support for

- ▶ elderly people living with dementia,
- ▶ those who are in touch with these people: professional or informal carers, friends and relatives.

***Long term objectives:*** via the improvement of the quality and flexibility of social care to improve the quality of life of people with dementia and their families.

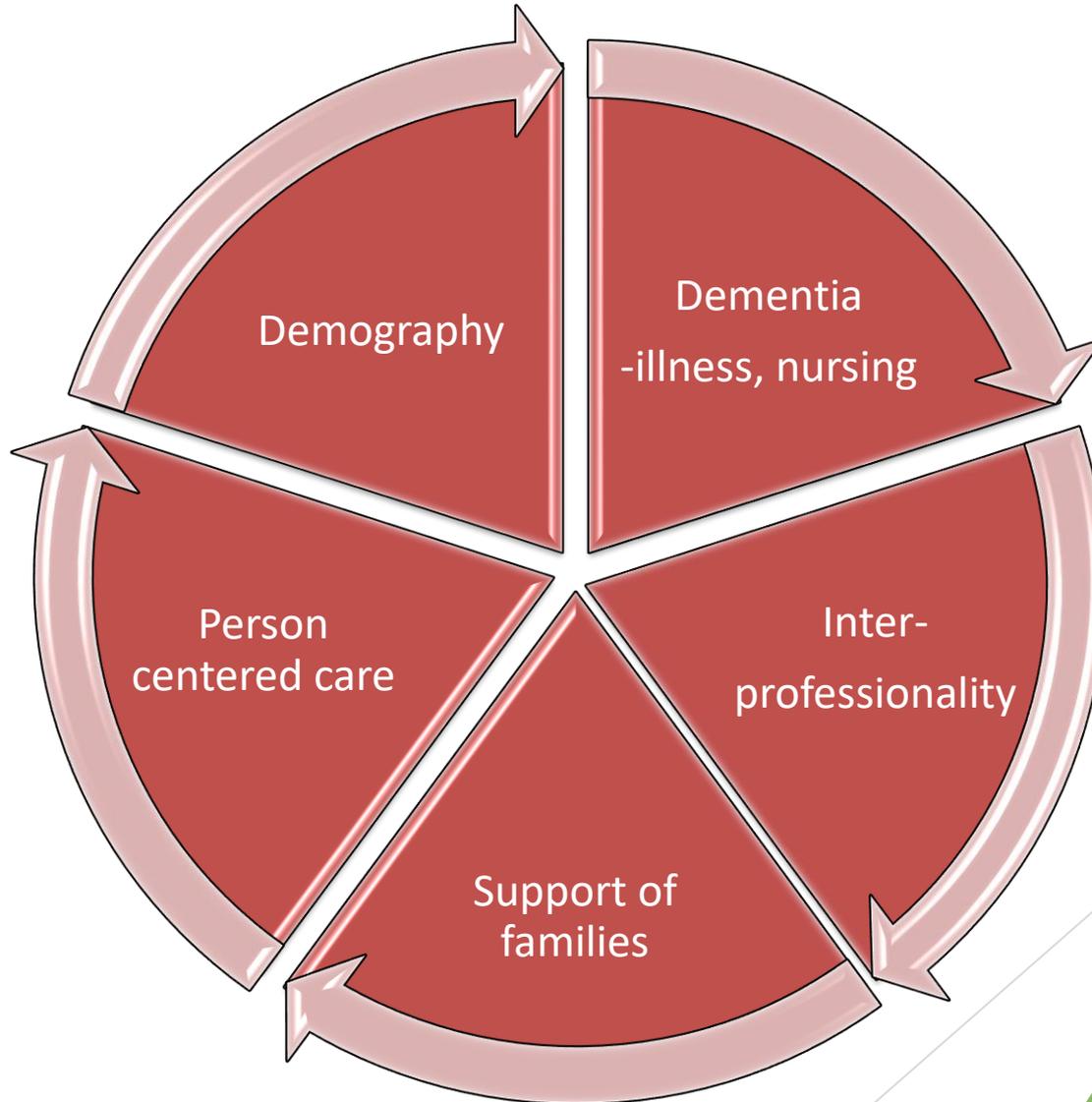
We found urgent need for developing the knowledge of professional carers both in social and health care. **The first priority is to improve the knowledge of those already working in practice.**

# Training course

New training course developed in Interprofessional Dementia Approach (INDA) programme

- ▶ **IP course with a complex approach of dementia,**
- ▶ 40-hour-long: 5 days - 5 different topics,
- ▶ 16 professors/trainers
- ▶ combination of **theory and practice,**
- ▶ **interactive** teaching methods,
- ▶ special **course-book**: unique - it is unusual to develop a course-book for a 40-hour-long training.

# Main topics of the course



# Training courses in INDA project

- ▶ **15 courses during 2 months**
- ▶ **350 trained carers - they are the base of specialists' network.**

The network can help other professionals, collect practical experiences which can lead to a professional staff with new approach.

## Input:

Most of them have difficulties to answer the challenges of this syndrome and to find the proper solution in certain situations.

## Outcome:

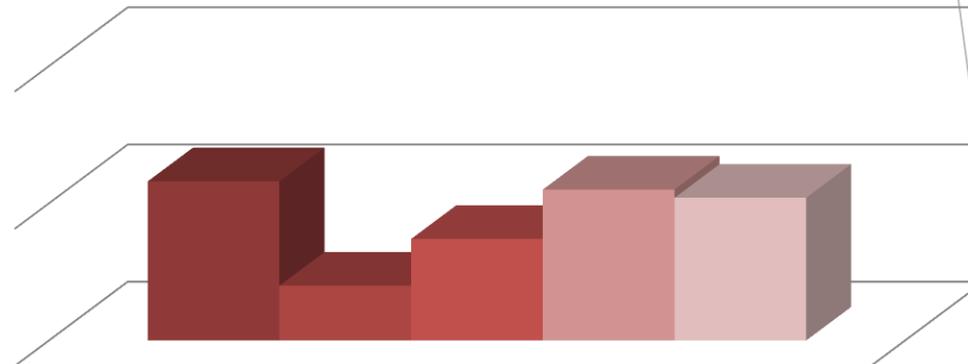
The participants of the course have **better understanding** of the problems concerning dementia and became able to realise dementia, give advice to families, find the proper services and keep professional contact with the actors of the care system.

# Feedbacks

## Participants of the course

- ▶ the same topic had different approaches,
- ▶ complex knowledge,
- ▶ knowledge adaptable for practice,
- ▶ high quality,
- ▶ better understanding of the complexity of dementia and care,
- ▶ even more carers should participate such a training course.

# Satisfaciton assessement of participants



	0-10 scale
■ content of the training	9,58
■ standards of curriculum	9,2
■ standards of practical elements	9,37
■ methods for knowledge controll	9,55
■ training in total	9,52

# Present activities

- ▶ Preparation of further courses - collecting information
- ▶ Methodological Department's work - National Network for Service Providers in elderly care
- ▶ 20 locations all over the country
- ▶ Roadshow about dementia - aim: better understanding

# Structure of roadshows

- ▶ Plenary and workshop sessions
- ▶ Plenary: presentations about policy, network aims and dementia - cooperation with external experts
- ▶ Workshop: two sessions
  1. for carers working in basic services (home care, day care, etc.)
  2. for carers working in residential homes

# Results

- ▶ Recognition of problems
- ▶ Identifying difficulties and similarities among their problems
- ▶ Realizing their own lack of knowledge



- ▶ Verbalizing: they need more knowledge, modern knowledge



Training courses are necessary in urgent priority

*Thank you  
for your attention.*