

# SOCIAL CLUSTER ASSOCIATION 1146 Budapest, Hungária krt. 200. www.socialcluster.hu



### 1. Widening generation bridge

Location: Őszi Fény Home for Elderly, Alsómocsolád, Baranya County Target groups: People living with dementia at the home for elderly, relatives, professionals.

<u>Description of the practice</u>: The home provides care the care services with simultaneous or alternating usage of a great deal of good practices that can be found in other institutions but only separately, their complex usage creates a new quality. Thus, the caregiving of elderly and people with dementia turns into a holistic, widened and complex method. However, the novelty of the programme lies not in the previously mentioned elements but in the way the protecting force of the familiar connections was defined as key factor of successful support. Thus an ambience is created for the families where family members can feel at home during visits. To set up living condition with the family and younger generations a **children's corner has been constructed** to enable the visiting family members to stay longer with their elderly relative living in the institution. Furthermore, common creative activities, like participation of young people in cultural programmes and organisation of talks between generations and involvement of relatives into the life of the institution are the major related actions.

#### 2. From incomplete to adequate knowledge

Location: Fazekas Gábor Home for Elderly, Hajdúbihar County

Target groups: People living with dementia in residential care, relatives and

professionals

<u>Description of the practice</u>: Information on dementia for relatives is offered through an open discussion with a professional where answers are given about the questions arising during caregiving and about expected proceedings. The programme is aimed at acquainting and accepting dementia. Within the good practice relatives are contacted well in advance about the proposed programme where participation is voluntary. Professionals invite relatives in writing which helps to achieve a higher number of presence. Major point of the practice is to convince relatives to come to the institution.

### 3. Lovely Moments

Location: Municipal Social Support Service, Mezőberény, Békés County



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Target groups: People living with dementia, volunteers

<u>Description of the practice</u>: Key element of the good practice is the **involvement of volunteers in the care of people with dementia**. Special education are given to the volunteers in order to suit the needs of the care for people with dementia. The volunteers perform tasks not requiring professional knowledge such as conversation, reading out, walking, escorting to events, assistance in organising cultural activities. Involvement of the volunteers offer for people living with dementia the strengthening of generational links, building trust, sincere love and mutual respect. The programme is aimed at sustaining the abilities, capabilities and mental state of people living with dementia, slowing down the procedure of mental decline and sharing the feeling of success. Besides volunteers experience of responsibility and commitment, their activities also lessen the burden of professional caretakers.